

# PREVENTION RESOURCES AND EDUCATION **FOR** **PARENTS**



Caron's Education Alliance presents Prevention Resources and Education for Parents (PREP). Customized versions of these presentations are available for parents and caregivers of elementary, middle, and high school youth and are facilitated by professionals who specialize in the prevention of substance use disorders.

## Program Objectives

- Provide information on current youth drug trends, such as vaping, and the dangers of use to the developing brain and body
- Empower parents and caregivers with effective communication skills when talking with their children about alcohol, tobacco and other drug use
- Review the importance of establishing clear rules and consequences at home regarding substance use
- Evaluate resiliency factors that help protect kids from substance use
- Provide local resources if addiction support is needed

## Presented by:

Nicole Rex  
Coordinator of Student  
Assistance Programs



Selena Morresi  
Student Assistance Program  
Lead Specialist



Are you comfortable talking with your child about substance use and the risks? Can you recognize the warning signs of substance use?

## Join Us for an Upcoming Virtual Presentation for Parents of Middle and High School Students.

This one-hour live presentation provides parents, caregivers, and other caring adults with information research shows can help reduce the chances that their teen will engage in substance use.

**Cost:** Free - Registration is required.

## Please select one of the following dates:

<b>October 11, 2023</b>	<b>12pm - 1pm EST</b>
<b>October 17, 2023</b>	<b>7pm - 8pm EST</b>
<b>January 25, 2024</b>	<b>12pm - 1pm EST</b>
<b>April 9, 2024</b>	<b>12pm - 1pm EST</b>
<b>April 16, 2024</b>	<b>7pm - 8pm EST</b>

Click or  
Scan to  
Register



**Questions:**  
Please contact [smorresi@caron.org](mailto:smorresi@caron.org)